

EDUCATION

- 2008-2012 **M.D.**, Tulane University School of Medicine, New Orleans, Louisiana
- 2008-2012 **M.P.H.**, Tulane University School of Public Health and Tropical Medicine
Concentration: Global Community Health and Behavioral Sciences
- 2004-2008 **B.A.**, Broadcast Journalism, Summa Cum Laude, University Honors Program
University of South Alabama, Mobile, Alabama
- 2000-2004 **International Baccalaureate Diploma**, Summa Cum Laude
Niceville Senior High School, Niceville, Florida

EMPLOYMENT

- 2007-2008 ***The Vanguard Health Columnist***, originator and writer of “In Good Health”
published bimonthly in *The Vanguard*, the campus newspaper for the University
of South Alabama
- 2007 **WALA Fox 10 News Intern**, Mobile, Alabama, attended morning meetings and
pitched news stories; covered assignments with reporters and videographers;
wrote voiceovers and packages; edited video
- 2006 **Davidson High School Band Staff**, Mobile, Alabama, percussion instructor for
high school drum line and indoor percussion ensemble
- 2005-2006 **University of South Alabama Orientation Leader**, provided guidance and
information to new students; facilitated training and presentation of information;
coordinated and conducted group meetings with new students and families;
assisted students with academic advising and registration

EXTRACURRICULAR ACTIVITIES

- 2011-present **WTUL Radio 91.5FM**, “News & Views” Crew, New Orleans, Louisiana,
originator, producer, and host of “Holly on Health” radio program
interviewing local, state, and national experts on health and healthcare related
topics for Generation Y
- 2011-present **HollyonHealth.com**, blog and social networking sites providing current,
peer-reviewed, evidence-based health and medical insights for Generation Y

- 2011-present ***The Tulane Hullabaloo***, health columnist for the campus newspaper which serves as the primary source of campus information for students, faculty, staff, alumni and friends of Tulane University, New Orleans, Louisiana
- 2011-present **Exchange & Engage: Mayors and HIV Prevention**, nominated and served as a member of the community team assessing ways in which the mayor of New Orleans can impact HIV prevention, including developing a strategic plan to facilitate the active engagement of the mayor, his administration, and municipal leaders in HIV prevention efforts; intended to improve the community's health and influence other leaders nationwide and funded through a cooperative agreement with the Centers for Disease Control and Prevention
- 2010-present **Health Camp NOLA**, co-organizer of the conference, part of an international call to action encouraging grassroots efforts to improve health and wellness in communities around the world; addressed important health issues in New Orleans; presented on the post-Katrina mental health status and needs of New Orleans
- 2008-present **The Owl Club**, Tulane University School of Medicine, *First Year Coordinator 2008-2009, Member of Executive Council 2009-2010*, founded in 1921, The Owl Club is a service organization whose members are elected to serve as liaisons between the medical student body and the faculty to achieve continual improvement of medical education by fostering academic excellence from the students, inspiring superior teaching, and promoting high ethical standards
- 2009-2011 **Miss New Orleans 2010**, served as a role model and ambassador for the New Orleans community, a volunteer for various non-profit and civic organizations, a speaker, promoter, and volunteer at festivals, events, and fundraisers; represented the city of New Orleans at Miss Louisiana USA 2010 placing 3rd runner up
- 2009-2010 **Miss Pensacola USA 2009**, represented the city of Pensacola, Florida in the Miss Florida USA 2009 competition
- 2009-2010 **Big Easy Toasters**, member of a New Orleans Toastmasters International group, a non-profit education organization that teaches public speaking and leadership skills through a worldwide network
- 2009-2010 **Tulane OB/GYN Interest Group**, *Vice President*
- 2009-2010 **Tulane Internal Medicine Interest Group**, *Student Representative*

- 2009 **American Medical Student Association Paul Ambrose Health Care of All Leadership Institute in Washington D.C.**, one of 12 medical students chosen nationwide to attend the institute which provides students with training in lobbying for healthcare reform on the local, state, and national levels; lobbied in the Washington offices of Louisiana's senators and representatives
- 2008-2010 **American Medical Student Association**, *Class Representative 2008-2010*, a student-governed, national organization committed to representing the concerns of physicians-in-training
- 2007-2008 **USA Toastmasters**, *Founder and President* of University of South Alabama Toastmasters International group, a non-profit education organization that teaches public speaking and leadership skills through a worldwide network
- 2007-2008 **University of South Alabama Public Relations**, appeared on the brochure and webpage of Campaign USA Leadership, the University's first comprehensive fundraising campaign; appeared in newspaper advertisements and television commercials promoting the University
- 2007 **Student Government Association**, *Senator for College of Arts & Sciences*
- 2005-2007 **University of South Alabama Southerners**, *Secretary 2005-2006, Vice President 2006-2007*, ambassador for the University working with the Alumni Association, Admissions Office and other University and community groups to promote the institution; involved with student recruitment, fundraising, legislative affairs and community activities
- 2004-2008 **Chi Omega Fraternity**, *Scholarship Committee 2005-2006, Philanthropy Chair 2006-2008*
- 2004-2008 **Miss America Organization**, competed in multiple state-wide scholarship pageants, competing in interview, physical fitness, evening gown and talent competitions
- 2004-2007 **Symphony Orchestra**, percussionist on a Department of Music Scholarship
- 2004-2007 **Percussion Ensemble**, *Percussion Section Leader 2005-2006*, percussionist on a Department of Music Scholarship
- 2004-2005 **Freshman Advisory Board and Freshman Leadership Council**, *Secretary*

VOLUNTEER EXPERIENCE

- 2010 **SOSNOLA, Save Our Schools New Orleans Louisiana**, organization dedicated to ensuring every child in New Orleans has access to high quality public schools; co-host and emcee for annual community wide student presentation and fundraising event
- 2010 **West Jefferson Medical Center Career Day**, speaker to New Orleans high school students who are interested in the health care field about attending college and achieving their goals
- 2010 **Gulf Aid Benefit Concert**, to raise funds and awareness for fishermen and families affected by the oil spill in the Gulf of Mexico
- 2010 **Blanket Haiti Foundation**, spokesperson for the New Orleans based organization providing humanitarian post-earthquake relief to children in Port-au-Prince by coordinating the delivery of blankets for shelter and warmth
- 2008-2010 **Louisiana Department of Health and Hospitals, Office of Public Health, Certified HIV Counselor**, offered HIV testing at Bridge House, a halfway house and substance abuse treatment center serving the homeless and indigent of the New Orleans community
- 2009 **Louisiana Department of Health and Hospitals, Office of Public Health, Volunteer Coordinator for New Orleans National HIV Testing Day**, volunteer recruitment and multi-site coordinator for HIV education and testing sites throughout the New Orleans metropolitan area
- 2008 **Tulane University School of Medicine Pet Therapy Program, Founder**, a service learning organization where medical students and their pets become certified by Therapy Dogs International as pet therapy teams for use in hospitals and nursing homes
- 2006 **Wesley Foundation Alternative Spring Break**, assisted Hurricane Katrina victims in Pass Christian, Mississippi, clearing debris, rebuilding houses, and offering support to children and families
- 2005-2008 **Make-A-Wish Foundation**, served as fundraising chairman for “Songfest,” University of South Alabama’s longest running tradition, raising over \$13,000 for Make-A-Wish Foundation

HONORS AND AWARDS

- 2010-present **Jack R. Aron Scholarship**, academic merit scholarship
- 2009-present **Lettie Pate Whitehead Scholarship**, academic merit scholarship awarded to female university students in southeastern states
- 2008-present **Tulane University School of Public Health and Tropical Medicine MD/MPH Joint Degree Scholarship**, academic merit scholarship awarded to MD/MPH students
- 2008-2010 **Dr. Charles A. Wilder, Jr., Memorial Scholarship**, academic merit scholarship
- 2007 **Greek Woman of the Year**, presented annually by the University to a senior woman who has distinguished herself in community service, academics, and participation in the Greek community
- 2007 **Homecoming Queen**, elected by the University of South Alabama student body
- 2006-2007 **Frederick Palmer Whiddon Liberal Arts Scholarship**, awarded to one student in College of Arts & Sciences for demonstrated leadership abilities
- 2004-2008 **Honors Program and Honors Scholarship**, a program that includes honors course work, extracurricular activities, and volunteer work; in addition to general university curriculum requirements and degree requirements of the selected major, Honors Students also complete enriched honors general studies courses, honors seminars, and an Honors Senior Thesis presented at the Honors Showcase
- 2004-2008 **President's Scholars and Dean's List, all semesters**, full-time students earning a 4.0 semester GPA (President's Scholars) or a 3.50 semester GPA (Dean's List)
- 2004-2007 **Music Department Scholarship**, audition-based scholarship for performance in the University Symphony Orchestra and the University Percussion Ensemble

HONOR SOCIETIES

Alpha Epsilon Delta Premedical
Mortar Board Senior Society (*Vice President 2006-2007; Communication Director 2007-2008*)
Omicron Delta Kappa Leadership (*Secretary 2006-2007*)
Lambda Pi Eta Communication
Order of Omega Greek Leadership
Phi Eta Sigma Freshman Society
Alpha Chi
Phi Kappa Phi
Who's Who Among Students in American Universities and Colleges

RESEARCH EXPERIENCE

2012 ***A Fire Being Kindled***, Society of General Internal Medicine, Clinical Vignette
Poster Presentation, Southern Society of General Internal Medicine Meeting,
New Orleans, LA

2010 ***Outcome Analysis for the New Orleans Assertive Community Treatment
and Forensic Assertive Treatment Programs***, Tulane University School of Public
Health and Tropical Medicine, New Orleans, LA, Practicum Report

2010 ***Quality of Life in Posttraumatic Stress Disorder: A Literature Review***,
Cedars-Sinai Medical Center, Department of Psychiatry and Behavioral
Neurosciences, Los Angeles, CA

2008 ***TV, M.D. The Doctor in the House: An analysis of male and female physician
portrayals in primetime medical dramas***, University of South Alabama, Mobile,
AL, Honors Senior Thesis

PROFESSIONAL ORGANIZATION MEMBERSHIP

American Psychiatric Association
Association of Women Psychiatrists
American Medical Association
American Medical Student Association